

Invest in your Spiritual Health

Spring 2011 No 2

As the end of the year fast approaches, you might consider setting aside a time next year when you can come back to Santa Teresa to be with God. In particular, the 'Year of Grace – Starting Afresh from Christ' (Pentecost 2012 –Pentecost 2013), an initiative of the Catholic Bishops of Australia invites all Catholics to contemplate the face of Christ. Whether it be a day of individual quiet reflection, a group spiritual formation program over a few days or a more extensive directed retreat, plan to come and be with Jesus amidst the beauty of this special place. Contact Patrick Cremin to make a booking on Ph. 32864011



Wisdom from Santa Teresa



How great is the power of Prayer! Like children who do not know how to read, I say very simply to God what I wish to say, without composing beautiful sentences, and He always understands me. For me, prayer is an aspiration of the heart, it is a simple glance directed to heaven, it is a cry of gratitude and love in the midst of trial as well as joy; finally, it is something great, supernatural, which expands my soul and unites me to Jesus.

Soul Space

A three year spiritual formation program for Archdiocesan staff has been developed to provide space in people's busy lives to nurture their spiritual journey. Beginning with a one day reflection on the spiritual journey in Year 1, Soul Space focuses on the ways we relate to God through prayer in Year 2 before exploring the richness of Catholic sacramentality in Year 3. Staff from the various Church agencies (Catholic Education, Centacare, Administrative Service, Faith & Life) and our parishes and deaneries are finding these days of reflection and formation both enriching and renewing. Please contact Patrick Cremin if you want to receive a brochure about Soul Space.



Looking for a special Christmas gift - consider a Santa Teresa Gift Voucher



What an amazing gift this would be for someone you love. Imagine their delight when they discover that you have offered them a day; an overnight stay or a weekend at Santa Teresa to nurture their relationship with God. A day package including meals begins at \$40, an overnight stay \$125, and a weekend \$250. Spiritual direction can be arranged at further cost. Contact Patrick Cremin for further details.

Donations for Sacred Furnishings and Art

Santa Teresa seeks your generosity to continue to acquire liturgical items (eg a set of vestments, hymnals, music keyboard and sanctuary lamp) as well as art works to designate various areas (eg Benedict, Chisholm, Carmel and Joseph wings) and specific projects such as a distinctive Marian feature and providing bibles in each room.

Donations of any amount would be greatly appreciated. Prayers are offered regularly for donors and their intentions.

Please send donations to:
Resource Development Office
Attention: Santa Teresa Spirituality Centre
Catholic Archdiocese of Brisbane
GPO Box 282 Brisbane, Old 4001
or phone the office on 3336 9406 with credit card donations.



Art Work at Santa Teresa



For the past twelve months, Santa Teresa has been blessed with the loan of twelve paintings by Kerry Holland (pictured), a Brisbane artist whose work is informed by her Christian faith and influenced by Ignatian spirituality. While the brick walls are currently blank, there will be a display of the art of Camille Masson-Talansier following her 'Living the Honest Life' exhibition currently being held at St John's Anglican Cathedral from October 14 till November 15. These art works will be available for purchase. I am grateful for these Christian artists for enriching our Santa Teresa home with their artistic creations, providing a window into the mysteries of God at work in our world.

Advent Retreat & Christmas Centre Closure

There is an Advent retreat (either 6 or 8 days) run by the Faber Centre of Ignatian Spirituality from Thursday 8 December till Friday 16 December. Contact the Faber Centre Ph. 07 3368 2450 for details.

The Centre closes for a Christmas holiday break from Saturday 17 December till Saturday 14 January.

Every blessing for the remainder of 2011 and I look forward to welcoming you back to Santa Teresa in 2012.

Blessings,

Mike Humphrys

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