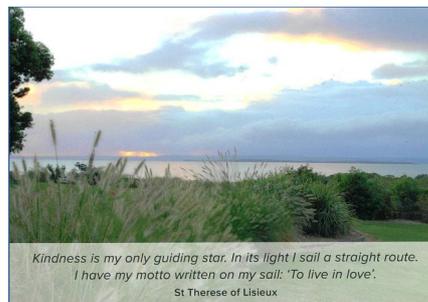
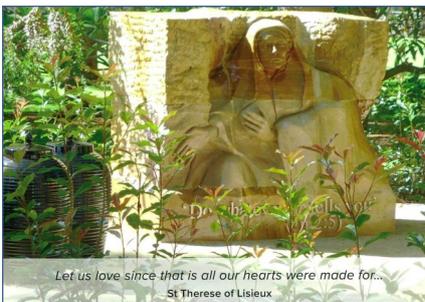
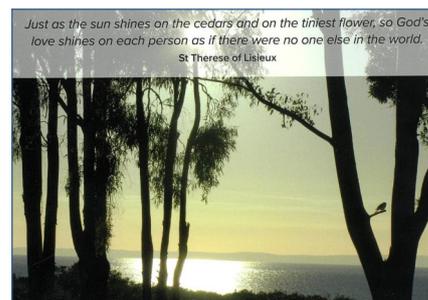


## Santa Teresa Spirituality Centre e-News

### Postcards—Wisdom from St Therese

Four postcards were recently designed and printed. Each shows an image of the Centre and a quote from our patron, St. Therese of Lisieux, who died at age 24 in a Carmelite monastery in France in 1897.

She was proclaimed a Doctor of the Church by Pope St. John Paul II in 1997 as the 'Doctor of Love'. Her simplicity of faith and holiness, known as 'The Little Way' has inspired many people to find God in the 'little things of life' such as appreciation of the beauty of a single flower or the power of a kind word or choosing to remain silent in the face of an insult. May St. Therese shower all our guests and staff with her wisdom and love throughout 2018.



### Year of Youth Retreat

Youth Leaders from across the Archdiocese gathered at Santa Teresa 19-21 January to take time for themselves to reflect on their vital ministry and be inspired by sessions led by Peter Pellicaan and the Archbishop. The retreat concluded with Mass celebrated by the Archbishop in the Santa Teresa chapel. This was one of the key events planned by the Youth Office for the Year of Youth which began in Advent. A series of youth retreats will be held at the centre throughout 2018. Comments included: 'Wonderful'; 'Excellent in all areas'; 'Great, beautiful'; 'Precisely what it needs to be'; 'loved the views and the chapels'.



### Parish Reflection Days 2018—An opportunity to spend some time in quiet with God

#### Parish Reflection Days 2018

**Theme: 'Encountering Jesus'**  
*Exploring the Gospels through Imagery*

- Saturday 10<sup>th</sup> March (9am – 4pm)
- Saturday 5<sup>th</sup> May (9am-4pm)
- Friday & Saturday 14<sup>th</sup> & 15<sup>th</sup> September  
 (Overnight 4pm Friday to 3pm Saturday)
- Saturday 1<sup>st</sup> December (9am – 4pm)



**Day** costs are \$30 per person  
 (includes lunch box and baked morning tea)

**Overnight** cost \$155 per person  
 (includes accommodation, Friday evening meal, breakfast, morning tea and lunch)

Please register at: <https://ebab.weebly.com>

*(booking and payment essential 7 days prior)*

## Teacher Formation Days



We welcomed 375 teachers from 7 schools between 15-22 January for their staff formation days. They were engaged in a rich variety of activities including: painting and art; prayer and reflection; liturgy and pilgrimage; storytelling and listening; meditative reading; photography and sacred time amidst nature. This spiritual formation will no doubt touch the lives of thousands of students as the teachers share their faith journeys in the classroom. It is wonderful to see the Centre filled with so many dedicated teachers.



## Centre Improvements and Repairs

Some of the improvements undertaken in late 2017 include:

- ◆ A set of glass doors in the administration wing to ensure quiet spaces
- ◆ New fans and lights in 11 bathrooms to reduce noise
- ◆ New cupboards in the sacristy and Bathersby room for AV & storage

Already this year, the Centre has attended to **repairs** of our cool room, a hot water system, a dish washer, and the mower. The coffee driplator also needed to be replaced. Maintaining the Centre in good order is an ongoing task that takes considerable staff time and funding.



## Fire Protection



Since 2009, Santa Teresa has had 5 different companies servicing our fire equipment and alarm system. It was decided to rationalise this arrangement and appoint one fire protection company to do all the required checks and servicing to ensure that the Centre is fire compliant at all times. This way, our fire hydrant pump, fire hydrants, alarm system, fire extinguishers, emergency lighting, signage and staff training are current. Our supervisors and caretakers are aware of all Workplace Health and Safety requirements to ensure visitors and staff are safe and secure at all times.

## Grounds—New Mower

Our mower broke down in mid January requiring repair. In this process, we discovered that the mower has served the Centre for the past 17 years since its purchase by the Cenacle Sisters in 2001. The decision was made to replace it with a new Toro Timecutter (pictured right).

Jeff and Pip, our grounds team, have been busy over the Christmas-New Year period mowing, weeding, spraying, pruning and tidying Santa Teresa to have it ready for our first influx of visitors for 2018.



## What happened at Santa Teresa in 2017 ?

Here are a few of the happenings at Santa Teresa last year

- ◆ Welcomed 3,053 guests (1649 overnight and 1479 day)
- ◆ Held 4 Parish Reflection days
- ◆ Created and installed 4 History boards in the corridor outside the dining room
- ◆ Established Couderc Cottage formation space now providing 4 formation rooms
- ◆ New STSC website and promotional video now online
- ◆ Printed a series of 4 STSC postcards and an STSC note card for guest purchase
- ◆ Created 2 new gardens and installed a watering system
- ◆ Sent nearly \$11,000 to Santa Teresa Community for sale of crosses and scarves
- ◆ Updated welcome folders for guests staying overnight
- ◆ Replaced air-con unit in chapel with new, more reliable and quieter unit
- ◆ Installed new flexible showerheads in all bathrooms for guest comfort
- ◆ Celebrated the life of Fr John Reilly SJ (15 March) a long time retreat director here



Contact us soon to organise your 2018 stay with us.

Blessings,  
Mike Humphrys (Coordinator)